



# Dreamers

BEAUTY CLINIC

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## IPL HAIR REDUCTION

### INFORMATION & AFTER CARE

#### **IPL**

Intense Pulsed Light is a technologically advanced method of removing unwanted dark hair permanently from any area of the face or body.

The colour of hair is determined by an amount of melanin, or pigmentation, found inside the hair follicle. IPL light energy targets the melanin inside the hair follicle. The amount of pigmentation in the follicle is reflected in the darkness in hair colour. Blonde, red, grey or white hairs are invisible to the light energy and therefore cannot be treated. The pigmentation is heated and destroys the active cells in the follicle that grow the hair. Once those cells are dead, the hair follicle can never grow hair again.

#### **RESULTS**

It takes more than one treatment to achieve maximum hair loss. Each hair has 3 cycles of hair growth that it goes through and it is only the active – Anagen cycle that will respond to any permanent removal treatment. There is on average, 1/3 of any area that is in that cycle. Hormones, pregnancy, some medications, some medical conditions, genetic influences all affect the growth of hair across the face and body.

Because hair growth can be stimulated by these various reasons, we can never guarantee 100% removal, and individual responses may vary. It may be necessary to have 'touch up' treatments as hormonal changes happen over the years.

On average 6 – 10 treatments may be recommended for maximum loss of hair and this can depend on hair colour and thickness, skin colour and area treated.

#### **SENSATION AND AFTER CARE**

The sensation of IPL treatments is often referred to as warm flicks of a rubber band, depending on the area treated and client's tolerance.

There is usually very little redness to the area after treatment, sometimes the skin may feel warm and this is completely normal.

After the treatment the hair is still in the follicle and will be released by the skin after about 10 – 14 days. The hair will just drop out. It is very important during the course of treatments not to pluck or wax, but you may shave or cut the hair. As treatments are done every 4 - 8 weeks, nobody needs to see the hair in between treatments. Depilatory creams can be used if your skin tolerates them. Sunscreen must be worn every day on the area treated if it is to be exposed to the sun. You may not be able to have treatment if you are sunburned or too tanned.